



## **Thistles Whistle**

**Hear the crisp, soft rustle of ready oats**

**Hear the tremble of aspens like the distant roar  
of rushing water**

**Hear the low sweet rigging of swamp grasses  
bedded in gentle mint**

**Hear the call of snipe and caw of crow**

**Feel the spike and see Canada's thistle**

**Choking the goodness**

**Reminding me that among the brightness**

**Dark abides**

**Reality includes thorns**

**Wind and thistles whistle truth**

**What is eternal will remain**

**Sustained by the Spirit**

**~Jan O'Leary**